








**Can you find these native plants in this garden?**

They were chosen for this “stop” on Leonardtown’s Butterfly Trail, because they support butterflies. Would any suit your yard?

Plants for Mostly Sunny Places			
<p><b>Thread Leaf Blue Star</b> <i>Amsonia hubrichtii</i></p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>• Host plant for Snowberry Clear Wing Moth and Coral Hairstreak butterflies</li> <li>• Attracts butterflies &amp; hummingbirds</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>• Well-drained soil</li> <li>• Full sun to part shade</li> <li>• Tolerates poor soils &amp; some drought.</li> </ul>		<p>SPRING blue star-like flowers (Apr.-May)</p> <p>Feathery yellow fall foliage</p> <p>2-3 ft t/w clumps</p>
<p><b>Butterfly Milkweed</b> <i>Asclepias tuberosa</i></p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>• Host plant for monarch butterflies</li> <li>• Attracts pollinators</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>• Low water usage</li> <li>• Full Sun</li> <li>• Well-drained soils</li> <li>• Does well in poor and sandy soils.</li> <li>• Drought tolerant</li> <li>• Reblooms if deadheaded</li> </ul>		<p>LATE SPRING (June) vibrant orange flowers.</p> <p>Bushy form, 1.5 -2 ft</p>
<p><b>New England Aster</b> <i>Aster n.a. “Purple Dome”</i></p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>• Host plant MANY butterflies and moths, including Painted Ladies &amp; Pearly Crescents</li> <li>• Important fall food source for monarchs and bees.</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>• Full sun to filtered shade</li> <li>• Moist, well-drained soil</li> <li>• Tolerates <i>brief</i> dry periods.</li> </ul>		<p>LATE SUMMER blossoms August - September</p> <p>18-24 inches tall; 12-18 inch wide.</p> <p>Mounding habit</p>

## Plants for Full to Partly Sunny Places

<p><b>Aromatic Aster</b>  <i>Aster oblongifolius</i>  “October Skies”</p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>Fall nectar source for butterflies and bees</li> <li>Key host plant for moths and butterflies</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>Full to part sun</li> <li>Dry to moist, well-drained soil</li> <li>Drought tolerant</li> <li>Divide every 2-3 years if becomes too large</li> <li>Might not reseed true to the cultivar.</li> </ul>	 <p>LATE SUMMER  lavendar daisy-like blossoms August - September</p> <p>Mounding habit  18-24 inches tall; up to 3 feet wide.</p>
<p><b>Summer Phlox</b>  <i>Phlox paniculata</i> 'Jeana'</p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>Attracts hummingbirds and butterflies, especially Tiger Swallowtails.</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>Full sun to light shade</li> <li>Moist, well-drained soil, rich in organic matter.</li> <li>Consistent moisture, especially while blooming</li> <li>Deadheading promotes further flowering.</li> <li>Divide every 3-5 years to rejuvenate.</li> </ul>	 <p>MID-SUMMER to EARLY FALL  blossoms</p> <p>Balls of pink-lavendar, fragrant flowers</p> <p>4-5 feet tall; 2-3 feet wide.</p> <p>Highly mildew resistant variety</p>
Adaptable Plants for Sun & Part-Sun & Part-Shade		
<p><b>Beardtongue</b>  <i>Penstemon digitalis</i></p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>Attracts native bees, bumblebees, hummingbirds</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>Sun, Part Shade</li> <li>Dry, moist, &amp; wet soils</li> <li>Grows in well-drained loams, clay loams, and sand.</li> <li>Tolerates dry shade.</li> </ul>	 <p>SPRING (May, June)  white tubular blossoms</p> <p>18-24 in. tall &amp; wide</p> <p>Width: 18" – 24"</p>
<p><b>Orange Coneflower</b>  <i>Rudbeckia fulgida</i></p> <p>NATURAL BENEFITS</p> <ul style="list-style-type: none"> <li>Attracts butterflies.</li> <li>Seeds can be a food source for birds.</li> </ul>	<p>GROWING INFO</p> <ul style="list-style-type: none"> <li>Sun to light shade</li> <li>Moist soil, rich, organic soil</li> <li>Self-sows and produces abundant offsets</li> </ul>	 <p>LATE SUMMER (July-September)  yellow daisy-like blossoms with brown centers</p> <p>clump-forming</p> <p>1-4 ft tall</p>



## Plants for Part-Shade & Shade

### Blue Wood Sedge

*Carex flaccosperma*

#### NATURAL BENEFITS

- Drought-tolerant ground cover
- Provides habitat and food for butterflies.

#### GROWING INFO

- Part shade to deep shade
- Moist to occasionally dry
- Good Drainage
- Tolerates: Deer



SPRING (May-June)  
greenish white  
inflorescence

6 inches to 1 foot  
tall/wide

### White Wood Aster

*Aster divaricatus*

#### NATURAL BENEFITS

- Attracts bees and butterflies
- Seeds valuable fall and winter bird food
- Host plant for the Pearl Crescent butterfly

#### GROWING INFO

- Shade and drought tolerant
- Medium to dry, well-drained soils
- Spreads by rhizomes
- Shear to 6 inches in early summer for a more compact plant.
- Propagate by division in the spring.



FALL white blossoms;  
yellow centers turn red  
upon pollination!

3 ft tall

Leaves are attractive  
groundcover spring  
through fall.

Deer tolerant.

### Golden Star

*Chrysoqonum virginia*

#### NATURAL BENEFITS

- Provides vital spring nectar and pollen to bees, butterflies, moths.
- Groundcover for shady spaces.

#### GROWING INFO

- Part shade to shade
- Tolerates full sun if soil is consistently moist.
- Consistent moisture in well-drained soil, rich in organic matter
- Once established, some drought tolerance.



SPRING yellow star-like  
blossomss

Prostrate, creeping  
habit, mat forming  
groundcover

### Golden Ragwort

*Packera aurea*

#### NATURAL BENEFITS

- Vital early spring nectar & pollen for pollinators.
- Seeds for birds.
- Groundcover for shady spaces.

#### GROWING INFO

- Full sun to partial shade
- Average medium to wet soils.
- The stems can be cut down to the leafy base after blossoming, or leave seeds for birds.






EARLY SPRING blooms

Yellow daisy-like flowers

Lacy leaves form thick  
spreading mats.

Shiny green basil leaves  
stay green during mild  
winters.

BUSHES			
<b>Beautyberry</b> <i>Callicarpa americana</i>  NATURAL BENEFITS	GROWING INFO Full sun to part shade  Evenly moist, well-draining, sandy or clayey soils with plenty of organic matter.  Tolerant of some drought once established.		SUMMER bloom tiny white and pink blossoms. Prized for splays of purple berries late fall into winter Grows 3' to 6' high and 4' to 6' wide.
<b>Sweet Pepperbush</b> <i>Clethra alnifolia</i> <i>"Hummingbird"</i>  NATURAL BENEFITS <ul style="list-style-type: none"> <li>• Host plant for 11 butterfly or moth species</li> <li>• Bird shelter and food</li> </ul>	GROWING INFO Full sun to partial shade Intolerant of hot, dry sites.  Prefers moist soil with organic material  Tolerates short periods of drought and flooding once established		SUMMER blossoms -- fragrant, 2-6" long white flowers (July – Aug.)  Slow growing; reaches 3 to 4 ft. tall, slightly wider.
<b>Sweetspire</b> <i>Itea Virginia</i>  NATURAL BENEFITS <ul style="list-style-type: none"> <li>• Flowers attract butterflies and other pollinators.</li> <li>• Host plant for Tiger Swallowtails and several other butterflies.</li> <li>• Nesting, shelter, and food for songbirds.</li> </ul>	GROWING INFO <ul style="list-style-type: none"> <li>• Full sun to part shade</li> <li>• Medium to wet soil</li> <li>• Tolerates heavy shade, clay and wet soil</li> <li>• Suggested Use: Rain Garden</li> </ul>		EARLY SUMMER (June to July) white, showy, fragrant blossoms  3 – 5 ft tall/wide

*The following organizations are helping to grow Leonardtown's Butterfly Trail.  
 You can too by planting native flowers in your yards.*

